Olive Garden Appetizer Menu with Prices and Calories 2026

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Classic Appetizers

Item	Price	Calories
Fried Mozzarella	$9.29	800
Calamari	$12.49	670
Toasted Ravioli	$10.29	650
Stuffed Ziti Fritta	$9.49	500
Lasagna Fritta	$11.49	1130

Dips & Breadsticks

Item	Price	Calories
Breadsticks (half dozen)	$4.79	140
Dipping Sauces with Breadsticks	$4.49	140+
Spinach-Artichoke Dip	$11.29	1160

Meat & Protein Starters

Item	Price	Calories
Meatballs Parmigiana	$11.49	1040
Shrimp Fritto Misto	$13.49	1280

Vegetarian-Friendly

Item	Price	Calories
Breadsticks	$4.79	140
Bruschetta	$8.49	380 (approx)
Stuffed Mushrooms	$9.99	450 (approx)

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.